

## **SHAC Minutes 2/26/2019**

### **Members Present**

Pat Perdue, Allison Jasso, Marilou Duchaney, Michael Lee, Molly James

### **Introductions**

Committee members introduced themselves.

### **Approval of Minutes**

A motion to approve the minutes from 5/9/2019 was made by M. Duchaney. Seconded by P Perdue.

### **SB 435 and SB 11- M. James**

SB 435 and SB11 states that the duties of the School Health Advisory Council include recommending the following:

- Appropriate grade levels and curriculum for instruction regarding opioid addiction and abuse and methods of administering an opioid antagonist.
- Instruction to prevent the use of e-cigarettes.
- Increasing parental awareness regarding risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders.
- Increasing parental awareness regarding available community programs and services that address risky behaviors, suicide risks, and behavioral health concerns.

The district has already addressed the suicide and mental health factors of this requirement by adding LPCs to the high school campuses that address mental health issues with students. They do not get involved in scheduling and other items that academic counselors are doing. BISD has partnered with the Community Health Network to provide counseling to 5 campus sites as well as The Brazoria County Counseling Center at 8 campus sites.

A.Jasso stated that STOP rallies will take place at Bwood-9, CIS, FIS, LJI campuses soon. STOP stands for - Stop, Talk, Overcome, Pain and is focused on suicide prevention.

Bwood will offer Coffee with the Counselor on Oct. 4 when students can meet with a counselor prior to the start of class which specifically focuses on suicide.

The Bwood LPCs offer students a mental health focus group, Safe Haven, every Wednesday after school.

A.Jasso also reported that Brazoria County has been #1 in suicides in Texas for a number of years but has now dropped to #3. These numbers include youth through elderly.

**Vaping Issue-** M. Duchaney

BISD began addressing vaping due to it causing discipline issues. COC- school can now issue a complaint where a student has to appear in front of judge if caught vaping. If assigned to ISS for vaping, the student must complete an educational activity related to vaping. APs are using contracts with students to stop vaping. Catch Your Breath, a 4 lesson curriculum, will be implemented next month at Bport and Bwood during the team leadership class.

**Drug Testing-** M. Duchaney

Drug testing has begun. This is considered voluntary because if students wish to participate in UIL or drive to school, they have to sign to be drug tested.

**Student Reports-** Brazoswood Stuco- M. Lee

The September blood drive was a good turn out and saved 268 lives. Stuco is finalizing Red Ribbon Week plans which include a canned food drive (you CAN be drug free) and a drug take back day at CVS. Mental Health Week will be finalized which includes therapy dogs, stress balls and yoga. "Do Something" came in to shine a light on bullying. Hollister gave away shirts during the program. M. Lee stated that bullying is more nonchalant these days and causes more mental pain.

**Adjourned**

4:45pm